



Canadian Mental
Health Association
Association canadienne
pour la santé mentale

GAMBLING, SUBSTANCE USE & MENTAL HEALTH SERVICES



Barrie
Community
Health Centre



Barrie and Community
Family Health Team

Georgian
Nurse Practitioner-Led Clinic



INTERNAL/EXTERNAL POSTING

Cognitive Behaviour Therapy Therapist (1 position) – Increasing Access to Structured Psychotherapy

Job Status: Bilingual CBT Therapist

Hours of Work: Full Time, occasional evening work

Contract till March 31, 2020, with possible extension

Location: TBD, Travel across Barrie and Area

Purpose of the Position:

The Canadian Mental Health Association Simcoe County, in partnership with Barrie Community Health Centre, Barrie and Community Family Health Team, Georgian Nurse Practitioner - Led Clinic and Catholic Family Services of Simcoe County, is currently seeking 1 Bilingual CBT Therapist for the Increasing Access to Structured Psychotherapy – North Simcoe Muskoka program. The purpose of this position is to plan, conduct and deliver a program of individual and group Cognitive Behavioural Therapy for adults with depressive and anxiety disorders, and participate in a program evaluation in consultation with a CBT Psychologist. This position will be further supported by a regional coordination team at Waypoint Centre for Mental Health Care. This position will provide services to the francophone population and applicants are asked to highlight any experience with this population.

Education and Qualifications:

- Registered in the province of Ontario as a member in good standing with the appropriate College and eligible to provide psychotherapy as either a Social Worker, Registered Psychotherapist, Occupational Therapist OR Registered Nurse
- Master's degree is preferred
- Minimum 3 years of experience in the delivery of evidence-based CBT is preferred; Documented evidence of CBT training with adequate supervision is preferred
- Demonstrated experience and knowledge of etiology and treatment of depressive and anxiety disorders as well as CBT and its application in mood and anxiety disorders
- Demonstrated experience and knowledge of the science and practices of psychotherapy including a full range of psychotherapeutic and assessment techniques
- Demonstrated experience and knowledge of diagnostic categories and criteria as listed in the Diagnostic and Statistical Manual of Mental Disorders (DSM-V)
- Results oriented work ethic to work independently and undertake tasks needed to accomplish work objectives and deliver quality, consistent and timely results

- Strong assessment skills to deliver and interpret symptom and outcome measures
- Demonstrated analytical, interpersonal, time management and organizational skills
- Proven written and verbal communication skills
- Proven ability to adapt readily to change
- Models and promotes core ethical practice, organization's values, and reflects an optimistic and positive attitude
- Sound risk assessment skills
- Proficiency in French/English language skills is mandatory (bilingual) is a requirement.
- Clear Criminal Record Check, including Vulnerable Sector Screening
- Willingness to travel across Barrie and area is required
- Ability to work daytime and evening hours required
- A valid Ontario G or G2 driver's license and a safe and reliable means of transportation. Travel throughout Barrie and area may be required
- Experience and skills working with Indigenous people is an asset

Major Responsibilities:

- Conduct assessments (PHQ-9, GAD-7) to inform individualized treatment plans
- Provide individual and group Cognitive Behavioural Therapy (CBT) utilizing evidence-based approaches
- Participate in clinical consultation meetings with a consulting Psychologist
- Maintain accurate and timely documentation and reports
- Collaborate with team members in provision of care
- Contribute to program development and program evaluation

Salary scale: TBD

We thank all applicants but only those selected for an interview will be contacted.

You are invited to submit your application **by 4:30 p.m. on July 27, 2018** to:

The CBT Hiring Committee
128 Anne St S Barrie, L4N 6A2 Ontario, Canada

Email: hr@cmhastartalking.ca