



Entité 4

Engager • Collaborer • Réaliser

PLANIFICATION DES SERVICES DE SANTÉ EN FRANÇAIS



Cap S@nté - Entité 4's electronic newsletter Volume 2, issue 1

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News from service providers

► [Congratulations to CHIGAMIK on the launch of their new website](#)

Entité 4 would like to congratulate Centre de santé communautaire CHIGAMIK Community Health Centre (CSC CHIGAMIK CHC) on the successful launch of its new bilingual website: www.chigamik.ca.



In addition to its new look and improved navigation features, the website provides easy access to information on services offered to Francophones by CSC CHIGAMIK CHC. This will certainly help to improve access to french language health services.

CSC CHIGAMIK CHC provides bilingual as well as culturally-relevant holistic programs and services helping its various communities to achieve optimal health and well-being. CSC CHIGAMIK CHC remains an important resource for each and every member of the francophone community in North Simcoe Muskoka region.

Health Services Planning

► [2012 Advisory Report](#)

We are pleased to inform you that Entité 4 has now published the [2012 Advisory Report](#) on its website. The Advisory Report outlines recommendations made by Entité 4 to the Central, Central-East and North Simcoe Muskoka Local Health Integration Networks (LHINs) between December 1, 2011 and November 30, 2012. Further, this report contains an update on recommendations made from April 1, 2011 to November 30, 2011.

In order to fulfill its mandate, Entité 4 facilitates community engagement and provides innovative advice to the LHINs on planning, organizing and integrating diversified, high quality health care services in French.

► LHINs' Integrated Health Service Plans

The Central, Central-East and North Simcoe Muskoka LHINs have recently issued their integrated health services plans (IHSPs) for 2013-2016. The IHSP is a strategic document which identifies the priorities of a Local Health Integration Network (LHIN) for the next three years.

Over the summer of 2012, Entité 4 made a number of specific recommendations to the LHINs of its territory on the proposed IHSPs to ensure that they take into consideration health care needs of the francophone community. We are pleased to note that several of these recommendations have been incorporated into the final IHSPs issued in February 2013.

► Dr. Sinha's report

In the spring of 2012, the Government of Ontario entrusted Dr. Samir Sinha with the task of leading the development of a Seniors Strategy to provide better care to Ontarian seniors.

Dr. Sinha has conducted research and extensive consultations with health care providers, municipal leaders and the community. The six French-Language Health Planning Entities of Ontario took part in these consultations during the month of December 2012 to bring to the forefront needs of francophone seniors and to propose concrete measures on improving access to a range of services to ensure their well-being.



In January 2013, Dr. Sinha presented the provincial government with his report (highlights and key recommendations), entitled Living Longer, Living Well. In it, he acknowledged the role of the Planning Entities and recommended to the provincial government that they be involved in the implementation of this strategy.

Board of Directors News

►New Board Members

We would like to welcome two new Board Members, Ms. Marie-France Heikens and Mr. Dominique Janssens, and wish them great success in their new roles.

Dominique Janssens

Mr. Janssens joined our Board in January 2013 and represents the Central LHIN area.

In his capacity as an elected school board trustee for the Conseil scolaire de district catholique Centre-Sud, he continues to contribute to the vitality of the French community. As a public servant, his achievements include policy development, involvement in budgets, recruitment, as well as student well-being and performance.

He was also active in the Association des francophones de la région de York (AFRY) which involved management, project planning and events, fundraising, drafting of proposals and reports.

Mr. Janssens holds a B.Sc. in Civil Engineering and worked for many years as a technical representative within the lumber industry. Last year, he offered his professional services as a consultant during the construction of a women's shelter for francophones in the Greater Toronto Area.

Marie-France Heikens

Ms. Heikens became member of our Board of Directors in March 2013 and represents the region covered by the North Simcoe Muskoka LHIN.

After a specialized Bachelor's degree in microbiology and a Master's of Science, both from Laval University, she joined the Canadian Forces as a Bioscience Officer. There she worked on research projects as well as acting as an instructor in physiology and an administrator for various medical, paramedical and operational (for pilots and divers) career courses. After her military engagement, Ms. Heikens worked as a consultant for Civil Aviation Medicine in Ottawa where she focused on epidemiological research and development of a review system for medical files.

Currently, she teaches science and mathematics at the Conseil scolaire de district Centre-Sud at École secondaire Nouvelle-Alliance in Barrie.

Our Projects

► Workshops: Living a Healthy Life with Chronic Disease

A six-week workshop on Chronic Disease Self-Management is being offered at Bendale Acres in Scarborough. This workshop, entirely in French, is part of the provincial strategy to improve chronic disease management. Furthermore, it forms part of our 2011-2012 and proposed 2012-2013 Joint Action Plans developed jointly with the LHINs of our territory.



Self-management is defined by the capacity of an individual suffering, or at risk of suffering, from a chronic disease to use all resources available to manage symptoms in a better manner. This workshop will provide this crucial information as well as the means necessary for individuals to live a healthier life.

For more information on this Chronic Disease Self-Management workshop, please contact us at 1-855-726-8882 or go to [our website](#).

► Pavillon Omer Deslauriers: Long-Term Care in French

Did you know that long-term care in French is available in the Greater Toronto Area? Bendale Acres is a 302-bed long-term care home which includes a French language services unit of 37 beds named Pavillon Omer Deslauriers. Staff can speak both official languages and are able to provide care for residents in their language of choice.

To raise awareness for this facility, Entité 4, in collaboration with Bendale Acres and Helene Tremblay Lavoie Foundation, has launched a [visibility campaign](#) within the francophone community.

For more information about the services offered at Pavillon Omer Deslauriers, talk to your doctor, visit the [Bendale Acres](#) website, or call City of Toronto Long-Term Care Homes & Services at 416-397-7000.

► Two Projects for Durham Region Seniors

Entité 4 is presently working with Les Centres d'Accueil Héritage (CAH), ACFO Durham-Peterborough and L'Amicale on a feasibility study for an Adult Day Program for seniors and a Homemaking Program in Oshawa for Durham Region seniors.

Adult Day Program

The objective of this program is to offer services in French to francophone seniors experiencing difficulties due to their age/condition (physical or cognitive) and who live in Durham Region. This type of program includes physical and cognitive exercises, social and recreational activities, various outings, a hot meal at noon and transportation.

The **Homemaking Program** is designed for seniors who are experiencing loss of capacity, either cognitive or physical, and includes such services as light housework, laundry, preparation of light meals, errands, and accompaniment to appointments. The personal support workers hired by this program ensure their clients' general well-being and safety, and alleviate isolation.

Admissibility criteria for both programs are simple: you must be a francophone senior aged 55 or more and live in Durham Region.

For more information or to register yourself or a loved one for a preliminary assessment, please contact Caroline Legault from CAH at 647-459-3337.

For more information about Entité 4 and its projects, contact us at 1-855-726-8882 or visit our website.

► School visits

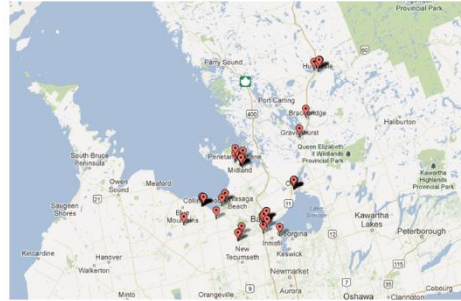
Entity 4, with the support of Conseil scolaire de district catholique Centre Sud and Conseil scolaire Viamonde, visits the French schools of its territory during special events, such as an open house or parent-teacher evenings, to meet members of the community and listen to their needs in terms of French language health care services.

Visit our website for the list of schools Entité 4's team visited between September 1, 2012 and March 1, 2013. If you haven't yet had the opportunity to meet with our team, feel free to send us details of your upcoming community event.

What's new on our website?

► [Are you looking for a French-speaking doctor?](#)

You are invited to explore a recently added tool on our website, a [geographical map](#) of French-speaking doctors practising in the regions covered by the Central, Central-East and North Simcoe Muskoka LHINs. These maps allow you to find a French-speaking family doctor or specialist at a glance, along with all the information necessary to contact their office. Click on the map representing your area and perform a search on the services available near your home or workplace.



► [Entite4.ca](#)

Entité 4 launched its [new bilingual website](#) in May 2012. We are working hard on expanding its contents so that the information posted is useful and relevant to all users of our regions.



Firstly, you can find a lot of information on the website about Entité 4: our [history](#), [vision](#), [mission](#) and our projects as well as a section on official documents such as [annual reports](#), [joint action plans](#) etc. In addition, our website contains a wealth of information on French-language health services in our territory: visit it to learn more about service providers and institutions where you can find services in French.

[Send us](#) details of your community events and / or job offers related to health services in French, and we will be happy to post them. It is also through our website that you can subscribe to our newsletter Cap S@nté!

Let's celebrate the joy of living in French in Canada

During the “Semaine nationale de la francophonie” and the “Journée internationale de la francophonie”, many cultural exchanges will take place during a variety of events such as shows, contests and exhibits where communicating in French will be at the forefront.



These various venues will provide francophones with an opportunity to reflect on our participation in the francophone community at large and to celebrate our common language, as well as the diversity of its communities. This month's celebrations could give new energy to the people who tirelessly work towards the improvement of services in French, while contributing to the development of a francophone cultural identity and a sense of belonging to the French community at large.

Entité 4 is proud to support the efforts of all its partners as well as the community itself which contribute to the vibrancy of a happy, healthy French speaking community.